

# Psychology 100: Introduction to Psychology

## Fall 2008

Section Code: E2  
Mon./Wed./Fri. 12:00 – 12:50 PM  
31 Psychology Building  
CRN: 35368

Section Code: F2  
Mon/Wed/Fri. 1:00- 1:50 PM  
31 Psychology Building  
CRN: 35394

**Instructor: Scott Fraundorf**

My office: 38 Psych Building	My mailbox: 3 <sup>rd</sup> floor, Psych Building (Turn right from the elevator and the mailboxes will be on your right.)
Office Hours: Tues. 11 – 12, Thurs. 2 – 3, Fri. 11 – 12, or by appointment	
Office Phone: 3-8875 (from campus) 333-8875 (from off campus)	My e-mail: <a href="mailto:sfraund2@illinois.edu">sfraund2@illinois.edu</a> * * Please allow up to 24 hours for a response.

### COURSE DESCRIPTION & GOALS

Psychology is the science of the mind. In short, psychologists work to understand how our minds function and to apply that knowledge. Many people who have not taken a psychology class might think that psychology is just about counseling, or treating people with psychological disorders. Clinical psychology—working with clients who have psychological disorders—is definitely part of psychology, but only one of many parts. There are also psychologists who study how we think, how children develop, how we act in society, and how our brains and senses work on the biological level.

A sample of the questions we'll be discussing in this class:

- What makes things easy or hard to remember—and how can we improve our memory?
- Are differences in our personalities due to our genes or our life experiences or both?
- What are effective treatments for depression?
- Are IQ tests a good measure of our mental abilities?
- How did you learn to speak and walk, and what role did your parents play in this process?
- How do optical illusions work—and what does it tell us about how we perceive the world?
- What makes people conform to a group—or refuse to go along with it?

This class is intended as an introduction to psychology. It's not expected that you'll become an expert in any particular area of psychology, but you will gain a basic understanding of each of the main areas.

A lot of what we'll discuss in this class is about “everyday” things and what the science of psychology can tell us about them. One of my goals for this course is that you'll be able to apply a lot of what we learn to your daily life, whether you take any more psychology classes or not.

Another goal for this course is to give you a chance to develop and apply your critical thinking skills. We will discuss how psychologists conduct research, and how we can tell whether a study provides good evidence or poor evidence for its conclusions.

**Psychology 100 does not fulfill the requirements for Comp I or Comp II.**

## REQUIRED MATERIALS

**TEXTBOOK:** Bernstein, D., Penner, L., Clarke-Stewart, A., & Roy, E. (2008). Psychology (8<sup>th</sup> edition). Boston: Houghton Mifflin. (This edition has a **DARK BLUE** cover.)

**STUDY GUIDE:** Henry, K., Lebie, L., & Bernstein, D. (2008). Study guide to accompany Psychology (8<sup>th</sup> edition). Boston: Houghton Mifflin.

- Purchase at Illini Union Bookstore or at TIS College Bookstore – the textbook and study guide are bundled together.
- On reserve in the Undergrad Library

**I-CLICKER STUDENT RESPONSE SYSTEM:** Class sessions will be interactive! We will use the I-Clicker system to survey the class, check your understanding, and perform mini-experiments.

- Purchase the I-Clicker at Illini Union Bookstore or at TIS (separate from textbook).

**You must register your I-Clicker online** in order to use it. Visit the Web link below and follow the instructions on the site. **The deadline to register your I-Clicker is before class on Wednesday, September 3rd.**

- <https://online-s.physics.uiuc.edu/cgi/courses/shell/iclicker.pl>

**COMPASS WEBSITE:** The Compass website for this course will have class announcements and schedules, assignments, lecture notes, and a variety of study materials.

- <http://www.compass.uiuc.edu>

More study materials and an online copy of the textbook can also be found at the textbook site.

- [http://college.hmco.com/psychology/bernstein/psychology/8e/student\\_home.html](http://college.hmco.com/psychology/bernstein/psychology/8e/student_home.html)

**STUDENT WEBSITE PASSKEY:** To access many of the multimedia study materials on the Compass website and on the textbook site, you will need a **username and password**.

- If you buy the textbook **new**, your username and password will be on a slip of paper bundled with the book.
- If you don't buy the textbook new, you will need to buy your username and password separately at TIS.

**COURSE GUIDE:** The course guide contains important Psychology 100 policies on academic honesty and describes the grading process and Subject Pool. The course guide is located **online** on the Compass web site for the course.

- Log in to Compass → Psychology 100 → Course Information and Forms → Guide for the Course

## EVALUATION

Your grade in Psychology 100 will be based on 400 points that you can earn during the course.

Midterm exam	90 points
Final exam	130 points
In-class quizzes	60 points (10 points each)
I-Clicker responses	26 points (2 points per week)
In-class activities	14 points (2 points each)
Writing assignments	60 points (12 points each)
Subject pool participation	20 points
	<hr/>
	<b>400 points total</b>

Your final grade will be determined from these points as described on pages 21-23 of the Course Guide. The grading curve is based only on scores earned by students in my sections of Psychology 100. Students in sections taught by other instructors have **no** effect on the calculation of your grade. Please keep all graded material for this course until final grades are issued.

**NO EXTRA CREDIT** will be given in this course. This is a Psychology 100 course policy.

**Exams:** The midterm will cover material from the first half of the course. The final will be **non-cumulative** and will cover material from the second half of the course only. Both exams will include material **both from class lectures AND from the**

**textbook.** Use of textbooks or notes during the exam is **not allowed**.

Both exams will be **multiple-choice**. Exam questions will mostly be conceptual in nature. You will be asked to demonstrate your understanding of the ideas discussed in class and in the textbook by applying those ideas to new situations and examples. In order to do well on the exams, you will want to study what concepts mean and how they can be applied, and not just a list of terms or definitions.

**Quizzes:** There will be **8** quizzes; I will **drop your lowest 2 scores**. The quizzes are designed to help you check your learning of the material and prepare for the exams. The quizzes have the same format as the exams, so taking the quizzes will help get you ready for the exams. Each quiz will have **10 questions worth 1 point each**.

**BEGINNING WITH QUIZ #4, QUIZZES WILL BE HANDLED THROUGH THE COMPASS WEBSITE** – please see the addendum at the end of the syllabus.

**I-Clicker Responses: Beginning Week 3**, you will receive credit for using your I-Clicker to participate in class. If you participate in at least **75%** of the I-Clicker responses for a week, you will earn **2** points that week. If you participate in **50 – 75%**, you will earn **1** point. Your I-Clicker responses are not graded as “right” or “wrong”—points are awarded for participation only.

**In-class Activities:** Throughout the term we will have various in-class activities to give you a chance to you interact with your fellow students and with me. These activities might include group problem-solving, demonstrations, responses to media we view in class, and small group or partner discussions.

In-class activities are graded on a **Credit / No Credit** basis. If you attend class and complete the activity, you will receive Credit. Each activity is worth 2 points, up a maximum of 14. (This means you will have to complete 7 activities for full credit.) There will be MORE than 14 points' worth of activities available, so you can still earn full credit even if you miss an activity or two. You will **not** receive extra credit for completing more than the required number of activities.

**Writing assignments:** There will be 7 short writing assignments. These assignments are designed to give you a chance to take what you have been learning in class and apply it to your own life. Each writing assignment will be posted on Compass at least 5 days before the due date and can be submitted over Compass.

The assignments will also be graded on a **Credit / No Credit** basis. Each Credit on a writing assignment is worth 12 points. You **only need to receive credit on 5** of the assignments to earn all 60 writing assignment points. You will **not** receive extra credit for completing more than 5.

Discussing these assignments with your fellow students is fine—in fact, it's encouraged! But, the work you ultimately submit needs to be your own. Please see pages 8 to 11 of the Course Guide for policies on plagiarism and citing your sources.

**Research Participation:** You will be **required** to participate in **6** hours of research being conducted by researchers here at the University of Illinois. Participating in research will allow you to see first-hand how psychologists conduct research, and give you a more in-depth look at some of the topics being studied at the University! Research participation is handled through the Psychology 100 Subject Pool. Please refer to the course guide (pages 14-18) or to the Psych 100 website for more information on Subject Pool rules and instructions:

➤ <http://www.psych.uiuc.edu/undergrad/psych100pool.php>

You must **register** for the Subject Pool by **Monday, September 15**. The Web address to register for the Subject Pool is below. Be sure to enter the correct Section Code (E2 if you're in the 12:00 class and F2 for the 1:00 class).

➤ <http://uiuc.sona-systems.com>

This address is also used to sign up for research studies one you are registered. You will receive 3 points per hour of research participation, up to a maximum of 6 hours. 2 “bonus” points will also be awarded for completing all 6 hours. The deadline to **complete** research participation is **Wednesday, December 10**.

If you have any problems with the subject pool, contact Ms. Summer Curry, at [subpool@cyrus.psych.uiuc.edu](mailto:subpool@cyrus.psych.uiuc.edu)

**Make-ups:** Make-ups on quizzes, in-class activities, I-Clicker responses, and writing assignments **will not be given** per Psychology 100 policy. However, your lowest 2 quiz scores will be dropped. And, you do not need to complete all the writing assignments or in-class activities to earn full credit. So, if you miss any, you can just count it as one of your drops.

**Questions About Grading:** If you have a question about your grade on an assignment/quiz you have received back, please contact me **within 2 weeks** of when the assignment was returned.

Sometimes I make mistakes! If you feel that there was a different correct answer to a quiz or midterm question, download the Request to Review a Quiz/Midterm Question forms from the Compass site and return it to me within 2 weeks of the quiz. I will review the question at issue.

## CLASS POLICIES

**Attendance & Reading:** Attendance and textbook readings are both required. If you do not attend class, you will not be able to earn any of the 100 points for quizzes and class participation! **Please attend the section you registered for** in order to receive credit for your participation.

**Respect:** Please respect your fellow students and their perspectives, even if they differ from yours!

**Start & End of Class:** Class will start promptly at the scheduled start time. Please arrive on time and wait until class is over to start packing up your things, so that you will not disrupt the class for others. If you think this might be difficult for you (e.g., if you have another class across campus immediately before or after this one), please come see me.

**Food:** It's fine to bring food or drinks to class. Just try not to bring anything too noisy (e.g. crunchy) that would disturb your fellow students.

**Lecture Notes:** To help you review what we cover in lecture, **after each class**, I will post the Powerpoint slides from each class online on the Compass site. These notes can help you review what we covered in a lecture but they won't be able to go into as much detail. **They are not a substitute for attending class.**

Lecture notes will not be made available prior to class. Research on learning and memory has discovered that the more personally engaged we are with the material, the more we learn—so it is to **your advantage** to take your own notes!

**Cheating, Academic Integrity, & Plagiarism:** Don't cheat! Cheating is both wrong and will hurt your University career! Cheating will normally result in at least a grade of 0 on the assignment, and can lead to failing the course and/or action with your college. If you find yourself struggling with the quizzes or assignments, please come see me for help before cheating becomes an issue.

When submitting **writing assignments** for this and other classes, it is important that your writing be your own work. **Pages 8 to 11 of your Course Guide describe policies on what sorts of ideas and quotes you may use from other sources.** These policies can also be found on the Web at:

- [http://www.admin.uiuc.edu/policy/code/article\\_1/a1\\_1-402.html](http://www.admin.uiuc.edu/policy/code/article_1/a1_1-402.html)

**Accommodations:** Any student requiring special accommodations should notify me as soon as possible. All accommodations will follow the procedures as stated in the Student Code: 1-110—Policy for the Provisions of Reasonable Accommodations for Student with Disabilities:

- [http://www.admin.uiuc.edu/policy/code/article\\_1/a1\\_1-110.html](http://www.admin.uiuc.edu/policy/code/article_1/a1_1-110.html)

## IMPORTANT WEBSITES

Psychology 100 site:

- <http://www.psych.uiuc.edu/~gossluca/>

Compass site for the course with class announcements, assignments, lecture notes, and study materials:

- <http://www.compass.uiuc.edu>

Your textbook site – has an online copy of the textbook, plus flash cards and practice tests. Your login name and password for this site are printed on a card bundled with your purchased packet.

- [http://college.hmco.com/psychology/bernstein/psychology/8e/student\\_home.html](http://college.hmco.com/psychology/bernstein/psychology/8e/student_home.html)

Information about subject pool:

- <http://www.psych.uiuc.edu/undergrad/psych100pool.php>

Subject pool registration and login:

- <http://uiuc.sona-systems.com>

I-Clicker registration:

- <https://online-s.physics.uiuc.edu/cgi/courses/shell/iclicker.pl>

## TENTATIVE SCHEDULE

This schedule is tentative and subject to change. If the schedule changes, the new schedule will be posted on the class Compass website.

**Reading Assignments:** All reading assignments are in the textbook: Psychology (8<sup>th</sup> edition) by Bernstein et al. Please complete the reading assignments before the class on the date listed on the syllabus. (For instance, complete pages 1-26 of reading before the class on August 27th.)

	DATE	TOPIC	READING ASSIGNMENT
WEEK 1	Aug. 25 (M)	Orientation What is Psychology?	
	Aug. 27 (W)	Research Methods	1-26
	Aug. 29 (F)	Research Methods	27-57 <b>Quiz in class on course policies</b>
WEEK 2	Sept. 1 (M)	<b>NO CLASS (LABOR DAY)</b>	
	Sept. 3 (W)	Development	456-515 <b>Deadline to register I-Clicker Writing assignment #1 due</b>
	Sept. 5 (F)	Development	<b>Quiz #2 in class</b>
WEEK 3	Sept. 8 (M)	Development	
	Sept. 10 (W)	Biological Aspects of Psychology	58-105, <b>Assignment #2 due</b>
	Sept. 12 (F)	Biological Aspects of Psychology	
WEEK 4	Sept. 15 (M)	Biological Aspects of Psychology	Subject pool registration deadline
	Sept. 17 (W)	Learning	193-235
	Sept. 19 (F)	Learning	<b>Quiz #3 in class</b>
WEEK 5	Sept. 22 (M)	Learning	
	Sept. 24 (W)	Memory	236-278
	Sept. 26 (F)	Memory	
WEEK 6	Sept. 29 (M)	Cognition & Language	279-324 <b>Quiz #4 due</b>
	Oct. 1 (W)	Cognition & Language	
	Oct. 3 (F)	Health, Stress, & Coping Review for Midterm	516-549 <b>Writing Assignment #3 due</b>
WEEK 7	Midterm examination: <b>Monday, October 6: 7:00 – 9:00 PM</b> Location: Main Library room 66 <b>NO CLASS</b> on Monday, October 6		
	Oct. 8 (W)	Cognitive Abilities	365-402
	Oct. 10 (F)	Cognitive Abilities	

	<b>DATE</b>	<b>TOPIC</b>	<b>READING ASSIGNMENT</b>
WEEK 8	Oct. 13 (M)	Cognitive Abilities	
	Oct. 15 (W)	Sensation	106-151
	Oct. 17 (F)	Sensation	Last day to drop without penalty
WEEK 9	Oct. 20 (M)	Perception	<b>Quiz #5 due</b> 152-192
	Oct. 22 (W)	Perception	
	Oct. 24 (F)	Consciousness	325-364
WEEK 10	Oct. 27 (M)	Consciousness	<b>Quiz #6 due</b>
	Oct. 29 (W)	Motivation	403-455
	Oct. 31 (F)	Motivation & Emotion	
WEEK 11	Nov. 3 (M)	Motivation & Emotion Personality	550-586 <b>Writing Assignment #4 due</b>
	Nov. 5 (W)	Personality	
	Nov. 7 (F)	Personality	
WEEK 12	Nov. 10 (M)	Psychological Disorders	587-642, <b>Quiz #7 due</b>
	Nov. 12 (W)	Psychological Disorders	<b>Writing Assignment #5 due</b>
	Nov. 14 (F)	Psychological Disorders Treatment of Disorders	643-687
WEEK 13	Nov. 17 (M)	Treatment of Disorders	
	Nov. 19 (W)	Treatment of Disorders	<b>Writing Assignment #6 due</b>
	Nov. 21 (F)	Social Cognition	688-720
Thanksgiving Break Nov. 22 – Nov. 30 <b>No class!</b> Enjoy the week off :)			
WEEK 14	Dec. 1 (M)	Social Cognition	
	Dec. 3 (W)	Social Cognition	
	Dec. 5 (F)	Social Influence	721-760
WEEK 15	Dec. 8 (M)	Social Influence	<b>Quiz #8 due</b>
	Dec. 10 (W)	Social Influence Review for Final	<b>Writing Assignment #7 due</b> Last day of research participation
	Dec. 12 (F)	<b>NO CLASS (READING DAY)</b>	
Final examination: <b>Monday, December 15: 8:00 – 11:00 AM</b> Location: Main Library room 66.			

## **ONLINE QUIZZES - ADDENDUM**

Beginning with Quiz #4, quizzes will switch to **ONLINE** quizzes handled through the Compass website.

Quizzes will be posted on **Friday by 1:00 PM** under the **Assessments** link on Compass. You must complete the quiz by **noon** the following **Monday**.

Quizzes will still be 10 multiple choice questions. Once you start the quiz on Compass, you will have **20 minutes** to complete it.

You **may** use your book and notes while taking the quiz. But keep in mind that you only have 20 minutes, so you will want to prepare in advance.

You may **retake** each quiz once, for a total of **2 attempts**. So, if Compass or your computer crashes while you are taking a quiz, you can just count that as one of your two attempts and try again. You will see different questions each time you take the quiz. Only the **higher** of your two scores will count.

The format of the midterm and the final examination is unchanged.