

# Psychology 100: Introduction to Psychology

## Spring 2009

Section Code: E1                      Section Code: F1  
Mon./Wed./Fri. 12:00 – 12:50 PM    Mon./Wed./Fri. 1:00- 1:50 PM  
138 Henry Admin. Bldg.              138 Henry Admin. Bldg.  
CRN: 37011                              CRN: 37012

**Instructor: Scott Fraundorf**

|  |  |
|--|--|
| My office: 38 Psych Building                                       | My mailbox: 3 <sup>rd</sup> floor, Psych Building<br>(Turn right from the elevator and the mailboxes will be on your right.)   |
| Office Hours: Tues. 1 – 4, Wed 10:30 – 11:30,<br>Or by appointment |  |
| Office Phone: 3-8875 (from campus)<br>333-8875 (from off campus)   | My e-mail: <a href="mailto:sfraund2@illinois.edu">sfraund2@illinois.edu</a> *<br>* Please allow up to 24 hours for a response. |

### COURSE DESCRIPTION & GOALS

Psychology is the science of the mind. In short, psychologists work to understand how our minds function and to apply that knowledge. Many people who have not taken a psychology class might think that psychology is just about counseling, or treating people with psychological disorders. Clinical psychology—working with clients who have psychological disorders—is definitely part of psychology, but only one of many parts. There are also psychologists who study how we think, how children develop, how we act in society, and how our brains and senses work on the biological level.

A sample of the questions we'll be discussing in this class:

- What makes things easy or hard to remember—and how can we improve our memory?
- Are differences in our personalities due to our genes or our life experiences or both?
- What are effective treatments for depression?
- Are IQ tests a good measure of our mental abilities?
- How did you learn to speak and walk, and what role did your parents play in this process?
- How do optical illusions work—and what does it tell us about how we perceive the world?
- What makes people conform to a group—or refuse to go along with it?

This class is intended as an introduction to psychology. It's not expected that you'll become an expert in any particular area of psychology, but you will gain a basic understanding of each of the main areas.

A lot of what we'll discuss in this class is about “everyday” things and what the science of psychology can tell us about them. One of my goals for this course is that you'll be able to apply a lot of what we learn to your daily life, whether you take any more psychology classes or not.

Another goal for this course is to give you a chance to develop and apply your critical thinking skills. We will discuss how psychologists conduct research, and how we can tell whether a study provides good evidence or poor evidence for its conclusions.

**Psychology 100 does not fulfill the requirements for Comp II.**

## REQUIRED MATERIALS

**TEXTBOOK:** Bernstein, D., Penner, L., Clarke-Stewart, A., & Roy, E. (2008). *Psychology (8<sup>th</sup> edition)*. Boston: Houghton Mifflin. (This edition has a **DARK BLUE** cover.)

**STUDY GUIDE:** Henry, K., Lebie, L., & Bernstein, D. (2008). *Study guide to accompany Psychology (8<sup>th</sup> edition)*. Boston: Houghton Mifflin.

- Purchase at Illini Union Bookstore or at TIS College Bookstore – textbook and study guide are bundled together.
- On reserve in the Undergrad Library

**I-CLICKER STUDENT RESPONSE SYSTEM:** Class sessions will be interactive! We will use the I-Clicker system to survey the class, check your understanding, and perform mini-experiments.

- Purchase the I-Clicker at Illini Union Bookstore or at TIS (separate from textbook).

**You must register your I-Clicker online** in order to use it. Visit the Web link below and follow the instructions on the site. **The deadline to register your I-Clicker is before class on Wednesday, January 28th.**

- <https://online-s.physics.uiuc.edu/cgi/courses/shell/iclicker.pl>

**COMPASS WEBSITE:** The Compass website for this course will have class announcements and schedules, assignments, lecture notes, and a variety of study materials.

- <http://www.compass.illinois.edu>

The University has made some technical changes to the Compass system since fall term. If you encounter any difficulties logging into Compass, you can probably solve them by using the CITES Password Manager to reset your password:

- <https://passwords.cites.uiuc.edu/pwchange>

More study materials can also be found at the textbook site.

- [http://college.hmco.com/psychology/bernstein/psychology/8e/student\\_home.html](http://college.hmco.com/psychology/bernstein/psychology/8e/student_home.html)

**STUDENT WEBSITE PASKEY:** To access many of the multimedia study materials on the Compass website and on the textbook site, you will need a **username and password**.

- If you buy the textbook **new**, your username and password will be on a slip of paper bundled with the book.
- If you don't buy the textbook new, you will need to buy your username and password separately at TIS.

**COURSE GUIDE:** The course guide contains important Psychology 100 policies on academic honesty and describes the grading process and Subject Pool. The course guide is located **online** on the Compass web site for the course.

- Log in to Compass → Psychology 100 → Course Information and Forms → Guide for the Course

## EVALUATION

Your grade in Psychology 100 will be based on 350 points that you can earn during the course.

|                            |                              |
|----------------------------|------------------------------|
| Midterm exam               | 80 points                    |
| Final exam                 | 110 points                   |
| Online quizzes             | 48 points (8 points each)    |
| I-Clicker responses        | 11 points (1 point per week) |
| Activities                 | 31 points                    |
| Writing assignments        | 50 points (10 points each)   |
| Subject pool participation | 20 points                    |
|                            | <hr/>                        |
|                            | <b>350 points total</b>      |

Your final grade will be determined from these points as described on pages 21-25 of the Course Guide. The grading curve is based only on scores earned by students in my sections of Psychology 100. Students in sections taught by other instructors have **no** effect on the calculation of your grade. Please keep all graded material for this course until final grades are issued.

**NO EXTRA CREDIT** will be given in this course. This is a Psychology 100 course policy.

**Exams:** The midterm will cover material from the first half of the course. The final will be **non-cumulative** and will cover material from the second half of the course only. Both exams will include material **both from class lectures AND from the textbook**. Use of textbooks or notes during the exam is **not allowed**.

Both exams will be **multiple-choice**. Exam questions will mostly be conceptual in nature. You will be asked to demonstrate your understanding of the ideas discussed in class and in the textbook by applying those ideas to new situations and examples. In order to do well on the exams, you will want to study what concepts mean and how they can be applied, and not just a list of terms or definitions.

**Quizzes:** There will be **9** quizzes; I will **drop your lowest 3 scores**. The quizzes are designed to help you check your learning of the material and prepare for the exams. Each quiz will have **16 questions, each worth 0.5 points**.

Quizzes will be online and handled through the Compass website. Once you start the quiz on Compass, you will have **25 minutes** to complete it. You *may* use your book and notes while taking the quiz. But keep in mind that you only have 25 minutes, so you will want to prepare in advance.

**I-Clicker Responses: Beginning Week 3**, you will receive credit for using your I-Clicker to participate in class. If you complete at least **50%** of the I-Clicker responses for a week, you will earn **1 point**. Your I-Clicker responses are not graded as “right” or “wrong”—points are awarded for participation only.

You may earn a maximum of **11 points** with your I-Clicker. This means that even if you miss the I-Clicker point one week, you can still earn maximum I-Clicker credit.

**Activities:** Throughout the term we will have various in-class or take-home activities to give you a chance to you interact with your fellow students and with me. These activities might include group problem-solving, demonstrations, responses to media we view in class, and small group or partner discussions.

You may earn up to **31 points** from activities. There will be MORE than 31 points' worth of activities available, so you can still earn full credit even if you miss an activity or two. You will **not** receive extra credit for completing more than the required number of activities.

**Writing Assignments:** There will be **7** writing assignments. These assignments are designed to give you a chance to take what you have been learning in class and apply it to your own life. Each writing assignment will be posted on Compass at least 5 days before the due date and can be submitted over Compass.

Each writing assignment is worth **10 points**. I will **drop your 2 lowest scores**.

Discussing these assignments with your fellow students is fine—in fact, it's encouraged! But, the work you ultimately submit needs to be your own. Please see pages 8 to 11 of the Course Guide for policies on plagiarism and citing your sources.

**Research Participation:** You will be **required** to participate in **6** hours of research being conducted by researchers here at the University of Illinois. Participating in research will allow you to see first-hand how psychologists conduct research, and give you a more in-depth look at some of the topics being studied at the University! Research participation is handled through the Psychology 100 Subject Pool. Please refer to the course guide (pages 14-18) or to the Psych 100 website for more information on Subject Pool rules and instructions:

- <http://www.psych.illinois.edu/undergrad/psych100pool.php>

You must **register** for the Subject Pool by **Monday, February 16**. The Web address to register for the Subject Pool is below. **Be sure to enter the correct Quiz Code**. This is **008** if you're in the 12:00 class and **010** for the 1:00 class.

- <http://uiuc.sona-systems.com>

This address is also used to sign up for research studies one you are registered. You will receive 3 points per hour of research participation, up to a maximum of 6 hours. 2 “bonus” points will also be awarded for completing all 6 hours. The deadline to **complete** research participation is **Wednesday, May 6**.

If you have any problems with the subject pool, contact Ms. Summer Curry, at [subpool@cyrus.psych.uiuc.edu](mailto:subpool@cyrus.psych.uiuc.edu)

**Make-ups:** Make-ups on quizzes, in-class activities, I-Clicker responses, and writing assignments **will not be given** per Psychology 100 policy. However, your lowest 3 quiz scores and lowest 2 Writing Assignment scores will be dropped. And, you do not need to complete all the I-Clicker responses or in-class activities to earn full credit. So, if you miss any, you can just count it as one of your drops.

**Questions About Grading:** If you have a question about your grade on an assignment or quiz you have received back, please contact me **within 2 weeks** of when the assignment was returned.

Sometimes I make mistakes! If you feel that a question has a different correct answer, download the Request to Review a Quiz Question form from the Compass site and return it to me within 2 weeks. I will review the question at issue.

## CLASS POLICIES

**Attendance & Reading:** Attendance and textbook readings are both required. If you do not attend class, you will not be able to earn any of the 42 points for I-Clickers and activities! **Please attend the section you registered for** in order to receive credit for your participation.

**Respect:** Please respect your fellow students and their perspectives, even if they differ from yours!

**Start & End of Class:** Class will start promptly at the scheduled start time. Please arrive on time and wait until class is over to start packing up your things, so that you will not disrupt the class for others. If you think this might be difficult for you (e.g., if you have another class across campus immediately before or after this one), please come see me.

**Food:** It's fine to bring food or drinks to class. Just try not to bring anything too noisy (e.g. crunchy) that would disturb your fellow students.

**Lecture Notes:** To help you review what we cover in lecture, **after each class**, I will post the Powerpoint slides from each class online on the Compass site. These notes can help you review what we covered in a lecture but they won't be able to go into as much detail. **They are not a substitute for attending class.**

Lecture notes will not be made available prior to class. Research on learning and memory has discovered that the more personally engaged we are with the material, the more we learn—so it is to **your advantage** to take your own notes!

**Cheating, Academic Integrity, & Plagiarism:** Don't cheat! Cheating is both wrong and will hurt your University career! Cheating will normally result in at least a grade of 0 on the assignment, and can lead to failing the course and/or action with your college. If you find yourself struggling with the quizzes or assignments, please come see me for help before cheating becomes an issue.

When submitting **writing assignments** for this and other classes, it is important that your writing be your own work. **Pages 9 to 11 of your Course Guide describe policies on what sorts of ideas and quotes you may use from other sources.** These policies can also be found on the Web at:

- [http://www.admin.uiuc.edu/policy/code/article\\_1/a1\\_1-402.html](http://www.admin.uiuc.edu/policy/code/article_1/a1_1-402.html)

**Accommodations:** Any student requiring special accommodations should notify me as soon as possible. All accommodations will follow the procedures as stated in the Student Code: 1-110—Policy for the Provisions of Reasonable Accommodations for Student with Disabilities:

- [http://www.admin.uiuc.edu/policy/code/article\\_1/a1\\_1-110.html](http://www.admin.uiuc.edu/policy/code/article_1/a1_1-110.html)

## IMPORTANT WEBSITES

Psychology 100 site:

- <http://www.psych.illinois.edu/~gossluca/>

Compass site for the course with class announcements, assignments, lecture notes, and study materials:

- <http://www.compass.illinois.edu>

CITES Password Manager—reset your password here if you have problem logging into Compass:

- <https://passwords.cites.uiuc.edu/pwchange>

Your textbook site with flash cards and practice tests. Your login name and password for this site are printed on a card bundled with your purchased packet.

- [http://college.hmco.com/psychology/bernstein/psychology/8e/student\\_home.html](http://college.hmco.com/psychology/bernstein/psychology/8e/student_home.html)

Information about subject pool:

- <http://www.psych.illinois.edu/undergrad/psych100pool.php>

Subject pool registration and login:

- <http://uiuc.sona-systems.com>

I-Clicker registration:

- <https://online-s.physics.uiuc.edu/cgi/courses/shell/iclicker.pl>

## TENTATIVE SCHEDULE

This schedule is tentative and subject to change. If the schedule changes, the new schedule will be posted on the class Compass website.

**Reading Assignments:** All reading assignments are in the textbook: Psychology (8<sup>th</sup> edition) by Bernstein et al. Please complete the reading assignments before the class on the date listed on the syllabus. (For instance, please complete pages 1-26 of reading before the class on January 23rd.)

|        | DATE   | TOPIC                              | READING ASSIGNMENT   |
|--------|--|------------------------------------|--|
| WEEK 1 | Jan. 21 (W)  | Orientation<br>What is Psychology? |  |
|        | Jan. 23 (F)  | Research Methods                   | 1-26   |
| WEEK 2 | Jan. 26 (M)  | Research Methods                   | 27-57<br><b>In-class syllabus “quiz”</b>   |
|        | Jan. 28 (W)  | Development                        | 456-515<br><b>Deadline to register I-Clicker</b><br><b>Writing assignment #1 due</b> |
|        | Jan. 30 (F)  | Development                        | <b>Quiz #1 due</b>   |
| WEEK 3 | Feb. 2 (M)   | Development                        |  |
|        | Feb. 4 (W)   | Biological Aspects of Psychology   | 58-105   |
|        | Feb. 6 (F)   | Biological Aspects of Psychology   |  |
| WEEK 4 | Feb. 9 (M)   | Biological Aspects of Psychology   | <b>Writing assignment #2 due</b>   |
|        | Feb. 11 (W)  | Learning                           | 193-235  |
|        | Feb. 13 (F)  | Learning                           | <b>Quiz #2 due</b>   |
| WEEK 5 | Feb. 16 (M)  | Memory                             | 236-278<br>Subject pool registration deadline  |
|        | Feb. 18 (W)  | Memory                             |  |
|        | Feb. 20 (F)  | Cognition & Language               | 279-324<br><b>Quiz #3 due</b>  |
| WEEK 6 | Feb. 23 (M)  | Cognition & Language               |  |
|        | Feb. 25 (W)  | Health, Stress, & Coping           | 516-549<br><b>Writing assignment #3 due</b>  |
|        | Feb. 27 (F)  | Health, Stress, & Coping           | <b>Quiz #4 due</b>   |
| WEEK 7 | Midterm examination:<br><b>Monday, March 2: 7:00 – 9:00 PM</b><br>Location: Main Library room 66<br><b>NO CLASS</b> on Monday, March 2 |                                    |  |
|        | Mar. 4 (W)   | Cognitive Abilities                | 365-402  |
|        | Mar. 6 (F)   | Cognitive Abilities                |  |

|   | <b>DATE</b> | <b>TOPIC</b>            | <b>READING ASSIGNMENT</b>                                |
|---|-------------|-------------------------|--|
| WEEK 8  | Mar. 9 (M)  | Sensation               | 106-151  |
|   | Mar. 11 (W) | Sensation               |  |
|   | Mar. 13 (F) | Sensation<br>Perception | 152-192<br>Last day to drop without penalty              |
| WEEK 9  | Mar. 16 (M) | Perception              | <b>Quiz #5 due</b>                                       |
|   | Mar. 18 (W) | Perception              |  |
|   | Mar. 20 (F) | Consciousness           | 325-364  |
| Spring Break<br>Mar. 21 – Mar. 29<br><b>No class! Enjoy the week off :)</b>                         |             |                         |  |
| WEEK 10   | Mar. 30 (M) | Consciousness           |  |
|   | Apr. 1 (W)  | Motivation & Emotion    | 403-455  |
|   | Apr. 3 (F)  | Motivation & Emotion    | <b>Quiz #6 due</b>                                       |
| WEEK 11   | Apr. 6 (M)  | Motivation & Emotion    | 550-586<br><b>Writing assignment #4 due</b>              |
|   | Apr. 8 (W)  | Personality             |  |
|   | Apr. 10 (F) | Personality             |  |
| WEEK 12   | Apr. 13 (M) | Psychological Disorders | 587-642  |
|   | Apr. 15 (W) | Psychological Disorders | <b>Writing assignment #5 due</b>                         |
|   | Apr. 17 (F) | Psychological Disorders | <b>Quiz #7 due</b>                                       |
| WEEK 13   | Apr. 20 (M) | Treatment of Disorders  | 643-687  |
|   | Apr. 22 (W) | Treatment of Disorders  |  |
|   | Apr. 24 (F) | Social Cognition        | 688-720<br><b>Quiz #8 due</b>                            |
| WEEK 14   | Apr. 27 (M) | Social Cognition        | <b>Writing assignment #6 due</b>                         |
|   | Apr. 29 (W) | Social Cognition        |  |
|   | May 1 (F)   | Social Influence        | 721-760  |
| WEEK 15   | May 4 (M)   | Social Influence        | <b>Writing assignment #7 due</b>                         |
|   | May 6 (W)   | Social Influence        | <b>Quiz #9 due</b><br>Last day of research participation |
|   | May 8 (F)   | <b>NO CLASS</b>         |  |
| Final examination:<br><b>Wednesday, May 13th: 8:00 – 11:00 AM</b><br>Location: Main Library room 66 |             |                         |  |